

Sermon: The Beauty of Growing Old in Christ

Scripture:

"Even to your old age and gray hairs I am he, I am he who will sustain you. I have made you and I will carry you; I will sustain you and I will rescue you."

— Isaiah 46:4 (NIV)

As the years pass, many of us begin to notice the changes in our bodies, our strength, and even in the way the world sees us. Some fear old age as a season of weakness and decline. But in God's eyes, growing old is not a loss—it is a testimony. Each wrinkle is a story of endurance, each gray hair a crown of wisdom, and each year a reminder of God's faithfulness.

Psalms 92:14 says of the righteous: *"They shall still bear fruit in old age; they shall be fresh and flourishing."* Age does not limit God's power in us.

Instead, it gives us more opportunity to testify of His sustaining grace.

Story:

There was once an elderly woman named Mary who could no longer do all the things she once did in the church. She couldn't run the kitchen, sing in the choir, or lead the children's classes like she used to. Some thought she no longer had much to offer. But every morning, Mary sat by her window with her worn Bible and prayed by name for every child, every family, and every pastor in her church. Years later, many people would look back and say, *"It was Mary's prayers that carried us through."*

Though her body slowed, her spirit grew stronger. Her old age became her greatest ministry.

Closing Thought:

Getting old is not a curse—it's a calling to lean deeper into God's strength and to pour wisdom, prayer, and love into the next generation. If you still have