

Short Sermon on Ephesians 4:29 – “The Power of Our Words”

? Scripture:

“Let no corrupt communication proceed out of your mouth, but that which is good to the use of edifying, that it may minister grace unto the hearers.” — Ephesians 4:29 (KJV)

Message:

Our words carry power—power to heal or to hurt, to lift up or to tear down. Paul reminds the church in Ephesus that our speech should build others up, not corrupt or destroy. “Corrupt communication” means anything that decays, poisons, or spoils the heart of the listener—words of gossip, bitterness, or harsh judgment.

Instead, we are called to speak words that *edify*—that strengthen, encourage, and show grace. Grace-filled words reflect the heart of Christ in us. Every time we speak, we have an opportunity to plant life or death, peace or pain, into someone’s soul.

Story:

A small-town teacher once told her students to take a tube of toothpaste and squeeze it all out onto a plate. When they finished, she said, “Now put it back into the tube.”

The children laughed. “That’s impossible!” they said.

The teacher smiled and replied, “That’s how it is with our words. Once they come out, you can’t take them back.”

One little boy raised his hand and said, “So we should be careful with what we say?”

She nodded, “Exactly. Speak words that you’ll be proud to leave out there.”

Closing Thought:

Every word that leaves our mouth should reflect God's grace working in our hearts. Before we speak, let's ask: *Will this help or harm? Will this build up or break down?*

Let our conversations be living proof that Christ dwells within us—because when our words bring grace, we become messengers of His love.

? Prayer:

“Lord, help me to guard my tongue and use my words to build up, not tear down. Let everything I say bring grace and reflect Your love. Amen.”